**Chemical Health Resources**

**NOTE:** If parent has insurance, they should check policy or company to find out which specific

provider(s) the family should use.

**NOTE:** Any assessment is as accurate and reliable as the information gathered. The child has to report accurate information and/or reliable information from others is generally needed. Denial is a major factor here.

**Community Support**

**Fountain Center**

Fountain Center, Albert Lea, 1-800-533-1616; Admission Coordinator Jenny Duncan. Residential and Adolescent treatment., DeTox and After Care programs. Interventionist is Jack Amundson. He is available to help families intervene with the loved one who is having problems with chemicals.

If the child is definitely intoxicated or high, or has chronic or acute withdrawals, a parent can call the Nurse’s station at 1-507-377-6421 and ask if your child can be taken to DeTox there. (The nurse can guide you; there may not be room, or you might need to go to the local Emergency Room at the Hospital). The child must voluntarily sign in, however. Only a Judge’s order, a Doctor or Police can enforce admission against the child’s will.

Children under age 18 can seek help at the treatment center without parental consent. If they are under 18 and ask for help, they can’t be turned down. Amanda Urness at Steele Co. Human Services could be contacted about financial help.

**Alano Club, AA/Alanon/NA Support Groups**

You can access up-to-date meeting lists for this area, state-wide and nation-wide:

Narcotics Anonymous: [www.na.org](http://www.na.org)

AA: [www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

There are support groups for people with chemical issues, and also for loved ones affected (Alanon and Alateen).

**Websites**

Hazelden: [www.hazelden.org](http://www.hazelden.org)

National Institute of Drug Abuse: [www.nida.nih.gov](http://www.nida.nih.gov)

Drug Help: [www.drughelp.org](http://www.drughelp.org)

Al-Anon and Alateen: [www.12step-recovery.org](http://www.12step-recovery.org)

“Another Empty Bottle”: [www.alcoholismhelp.com](http://www.alcoholismhelp.com)

US Dept of Health and Human Services, Substance Abuse and Mental Health Services

Administration, [www.samhsa.gov](http://www.samhsa.gov)