**LOCAL RESOURCES FOR INDIVIDUAL AND FAMILY COUNSELING**

Note: Parents should be SURE of what their insurance will cover, and where!

**BLUESTEM CENTER FOR CHILD AND FAMILY DEVELOPMENT**

**Website:** [**www.bluestemcenter.com**](http://www.bluestemcenter.com)

No Sliding Fee 1-888-283-1009

Call Rochester Office for Information

**MAYO CLINIC HEALTH SYSTEM IN AUSTIN**

**Website:** [**www.mayoclinichealthsystem.org**](http://www.mayoclinichealthsystem.org)

**Psychiatry & Psychology**

1-507-433-8758

 Julie Beckman L.P.

 Joel Bobby LICSW

 Mohit Chauhan M.D.

 John Curan M.D.

 Seema Dewanai M.B.B.S

 Ann Marie Huemann-Lyle LICSW

 Mark Imig M.D.

 Timothy Lang Psy.D., L.P.

 Kirk Mueller Ph.D., L.P.

 Pierre Rioux M.D.

 Amy Zahn L.I.C.S.W.

**CATHOLIC CHARITIES**

**Website:** [**www.ccwinona.org**](http://www.ccwinona.org)

**Locations:** Albert Lea, Austin, Mankato, Owatonna, Rochester, Winona, Worthington

Accepts MA

Sliding Fee available for No Insurance, not for deductible

Pregnancy Counseling available FREE

**LUTHERAN SOCIAL SERVICES**

**Website:** [**http://www.lssmn.org**](http://www.lssmn.org)

**Contact Information:** Call **888.881.8261** or your local office to schedule an appointment or for more assistance.

Accepts MA

Has sliding fee scale

**Community Technologies & Services**

**Address:** 1403 15th Ave. Northwest, Austin, MN 55912

**Phone:** (507) 437-2827

**Family Services, Rochester, MN**

**Website:** [**www.familyservicerochester.org**](http://www.familyservicerochester.org)

Today the agency provides more than 30 programs to meet ever-changing community needs. Our staff of over 85 provides a wide range of human services that educate, strengthen, support, protect and empower individuals and families in our community.

**Contact Information:** Phone: 507-287-2010
Email: office@familyservicerochester.org